

# Avila Dance Team High School Clinic 2009

## 2005 National Champions

- The dance team will choreograph and teach you 1 minute of a hip hop routine
- The dance team will choreograph and teach you 1 minute of a jazz routine
- We will provide both cuts of music for you via email
- Get great ideas for turns, leaps and other tricks for your competition and game dances with our progression and turn section
- Get the inside scoop on preparing for a small college or large university dance team tryout



This clinic is designed to give high school dancers an idea of how they can prepare for a college dance team tryout. Whether you choose to go to a junior college, a smaller school such as Avila University or a large university, this clinic will give you information and guidance that will help you in the tryout process.

The Avila Dance Team has consistently placed in the top 10 in the jazz and hip hop categories at UDA Nationals for the past nine years. In 2005 the team came home **UDA National Hip-Hop Champions** in their first ever appearance in the division.

The Avila Dancers would like to share some of this experience with you.

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**When: Sunday, December 6, 2009, 12-4pm**

**Where: Avila University, Mabee Fieldhouse, 11901 Wornall Road.**

**Who: High School Age Dancers (grades 9-12)**

**Cost: \$20 per person (If more than ten dancers from your dance team or 10 dancers from your studio attend the cost is discounted to \$15 per person.)**

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Name: \_\_\_\_\_ High School: \_\_\_\_\_

Dance Studio: \_\_\_\_\_ Age: \_\_\_\_\_ Grade: \_\_\_\_\_ Phone: \_\_\_\_\_

**Please return the bottom of this form along with your registration fee to Cindy Freeman by Wednesday, December 2, 2008 at 5pm to guarantee a spot.**

Mailing Address: Cindy Freeman, Dance Team Coach  
Avila University  
11901 Wornall Road  
Kansas City, MO 64145  
Phone: 816-501-2478